

Live Fearlessly

Day 1

Titus 2 Day

To know God's Word requires meditating on His Word. To *meditate* is to focus one's mind for a period of time on a spiritual purpose; to think carefully about something.

1. List the five things from Psalm 119 that David meditated on.

- a) _____ (v. 15)
- b) _____ (v. 23)
- c) _____ (v. 27)
- d) _____ (v. 97)
- e) _____ (v. 99)

"This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success" (Joshua 1:8).

2. How often did Joshua spend time in God's Word?

3. In what ways did Joshua benefit from studying God's Word?

4. How often do you spend time meditating on God's Word?

☐ Daily ☐ Weekly ☐ Monthly ☐ Other _____

5. How can you better your quiet time with the Lord?

Day 2

The apostle Paul emphasized the importance of Christians living by faith. In Romans 1:17, he wrote, "For in it the righteousness of God is revealed from faith to faith; as it is written, 'The just shall live by faith.'"

1. What does it mean to live by faith? (Read Hebrews 11:8.)

2. How did Abraham, the father of faith, demonstrate his faith in God? (Consider Abraham's example and 2 Corinthians 5:7, which says, "For we walk by faith, not by sight.")

3. In what areas of your life are you walking by faith?

4. In what areas are you struggling to walk by faith and not by sight?
(Read Genesis 22:1-19.)

5. How did the Lord test Abraham's faith?

6. How is the Lord testing your faith? Do you think you are passing the test?

Day 3

God wants us to come to Him, converse with Him, and commune with Him. James 4:2 says, "You do not have because you do not ask." Luke 11:9 says, "So I say to you, ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you."

1. a. How active is your prayer life? How would you classify your relationship with the Lord?

- ☐ The Lord is my Father—I don't do anything apart from Him.
- ☐ The Lord is my friend—I speak with Him pretty regularly.
- ☐ The Lord is my lifeline—I call on Him in times of need.
- ☐ The Lord is my genie—I call on Him when I want Him around.

b. What does this reveal to you about your relationship with the Lord?

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b. What does this reveal to you about your relationship with the Lord?

Read Hebrews 4:14-16.

2. How can God sympathize with us as believers?
3. How should we approach His throne?
4. What can we obtain from going to the Lord?
5. What is holding you back from asking God to fulfill His promises in your life?

☐ Pride ☐ Fear ☐ Doubt ☐ Disbelief ☐ Anger/bitterness
☐ Brokenness ☐ Other_____

Take a moment and confess to the Lord that which is hindering you from approaching His heavenly throne of grace.

6. In your own words, rewrite Psalm 50:15 as a personal prayer, asking God to help you in your time of trouble (be specific). "Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me."

Day 4

Actions can speak louder than words.

1. How do you put your faith into action?
2. Read the following verses, and list some ways that the Bible instructs us to be active in our faith.
a. Psalm 25:5 b. Luke 9:23 c. Philippians 2:3 d. James 1:27
3. How did Jesus exemplify this for us? (See Matthew 20:28.)
4. Read James 2:18-24. What does James say about faith and works?
a. Can someone be saved by being a good person or by doing good things?
b. Can you be saved by faith alone?
c. How should your faith impact your works?

Day 5

Lenya shared that our God is the God of the impossible—what appears impossible becomes obtainable through Him. We must stop saying, "That's impossible," and begin saying, "I'm possible."

1. What mountain/promise is God calling you to claim by faith?

Our words have immense power and influence. Proverbs 18:21 says, "Death and life are in the power of the tongue, and those who love it will eat its fruit."

2. Claim the promises of God by speaking them over yourself. Rewrite the following verses and insert your name. Then pray them aloud over yourself.
a. Jeremiah 29:11 b. Romans 10:9 c. Philippians 4:13 d. Philippians 4:19

Our speech should build others up and be a reflection of the faith we have within. Read Ephesians 4:29.

3. How can good speech impact others?
4. How does the way you communicate affect others?
5. Read Matthew 12:33-37, and fill in the blanks.
a. "Out of the _____ the mouth speaks."
b. "But I say to you that for every idle word men may speak, _____ of it in the day of judgment."
c. "For by your words you will be _____, and by your words you will be _____."

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