TITUS 2 DAY HOMEWORK

# LIVE HOPEFULLY 

THE BOOK OF NEHEMIAH

## A Jime I to Rebuild

DAY 1:
This week, keep track of your time. How much time do you spend on the following:

| Activity: | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Monday | Total: |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Work |  |  |  |  |  |  |  |  |
| Family activities |  |  |  |  |  |  |  |  |
| Sleep |  |  |  |  |  |  |  |  |
| Volunteering |  |  |  |  |  |  |  |  |
| Quiet time |  |  |  |  |  |  |  |  |
| Housework |  |  |  |  |  |  |  |  |
| Exercise |  |  |  |  |  |  |  |  |
| School |  |  |  |  |  |  |  |  |
| Church |  |  |  |  |  |  |  |  |
| Television |  |  |  |  |  |  |  |  |
| Hobbies |  |  |  |  |  |  |  |  |
| Other: |  |  |  |  |  |  |  |  |

Read James 4:14. With this verse in mind, where do you wish you could spend more time, less time?

DAY 2:
Look up Psalm 90:12 in at least 2 translations and write the verses out. Journal about what this verse means and what it means to you.

DAY 3:
Spend some time in prayer and ask God to show you an area in your life that He would like for you to spend more time in.

## DAY 4:

Proverbs 4:23 says, "Keep your heart with all diligence, for out of it spring the issues of life." What we say, what we don't say, what we do, and what we don't do all flow from our desires and our hearts. Is how we choose to spend our time a heart issue? Explain.

DAY 5:
Proverbs 31 paints a beautiful picture of how a godly woman conducts her everyday life. Read Proverbs 31 and list examples of how she spends her time.

