

# LIVE HOPEFULLY

THE BOOK OF NEHEMIAH



## Who's In Your Wallet?

Attitudes Towards Money

Maria Guy

Attitudes dictate what we \_\_\_\_\_.

*Right attitude:* I know what scripture instructs me to do and \_\_\_\_\_.

*Wrong attitude:* I \_\_\_\_\_ scripture and do what I want.

*Counterfeit attitude:* I apply only the portion of scripture that will \_\_\_\_\_ the behavior that is causing financial \_\_\_\_\_ in my life.

### *I. RECIEVER (Matthew 6:25-32)*

Right attitude: \_\_\_\_\_

Looks like: \_\_\_\_\_

Counterfeit attitude: \_\_\_\_\_

Fear: \_\_\_\_\_

Result: \_\_\_\_\_

### *II. MANAGER (Luke 16:10-13)*

Right attitude: \_\_\_\_\_

Looks like: \_\_\_\_\_

Counterfeit attitude: \_\_\_\_\_

Fear: \_\_\_\_\_

Result: \_\_\_\_\_

### *III. SPENDER (Matthew 6:19-21)*

Right attitude: \_\_\_\_\_

Looks like: \_\_\_\_\_

Counterfeit attitude: \_\_\_\_\_

Fear: \_\_\_\_\_

Result: \_\_\_\_\_

### *IV. DECISION MAKER (Proverbs 22:7)*

Right attitude: \_\_\_\_\_

Looks like: \_\_\_\_\_

Counterfeit attitude: \_\_\_\_\_

Fear: \_\_\_\_\_

Result: \_\_\_\_\_

# Meal Planning Ideas

## *I. Weekly Menu*

## *II. Stocked Pantry*

## *III. Surprise Me*

### *Helpful Hints*

1. Create a reference list of meals your family likes to eat – plan from this list.
2. Update your reference list with new dishes so you don't get bored.
3. Categorize the meals: beef, chicken, fish and vegetarian.
4. Avoid going to the grocery store without a plan.
5. Avoid going to the grocery store hungry.
6. Use a website where you enter ingredients on hand ([www.allrecipes.com](http://www.allrecipes.com)).
7. Stock up on loss leaders.
8. Buy fruits and vegetables in season.
9. Have someone else do the thinking ([www.emeals.com](http://www.emeals.com)).
10. Use coupons ([www.thegrocerygame.com](http://www.thegrocerygame.com)).

### *Rules for Success*

1. Set a grocery allowance amount and stick to it. Take cash if necessary.
2. Spend all of your grocery money on food.
3. Set an eating-out allowance amount and stick to it.

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### Titus 2 Questionnaire

*"Similarly teach the older women to live in a way that honors God. They must not slander others or be heavy drinkers. Instead, they should teach others what is good. These older women must train the younger women to love their husbands and their children, to live wisely and be pure, to work in their homes, to do good, and to be submissive to their husbands. Then they will not bring shame on the word of God."*

Titus 2:3-5 (NLT)

As we consider together the principles found in Titus 2, we can help each other. Please share any wisdom or tips that you have in the areas of budgeting and meal planning.

1. If you meal plan:

A. What time frame do you plan for?

B. How do you go about making your plan?

2. If you have a household budget:

A. How do you discipline yourself to stay within that household budget and/or food budget?

B. Suggestions on how or where you cut back to save money.

3. Are there other practical areas of Titus 2 would you like to see addressed? Please number the following by order of importance (1-7)

_____ Cooking	_____ Housekeeping
_____ Organizing	_____ Time Management
_____ Marriage	_____ Parenting
_____ Other (Please Specify)	

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